

Gonda Betrix

By: Sophie Schaal

A short history of Gonda Betrix's life



- Born 1943 in Cape Town
- Started horse riding age 4, won first title age 8
- Moved to Ireland 1955 age 12
- SANEF licence for competing as an adult age 14
- Competed in many competitions throughout life
- Wrote a book called Jumping To Success
- Started coaching when retired
- Still alive, lives in Cape Town

Her role, achievements and legacy

Role: champion showjumper, Olympian, coach, author

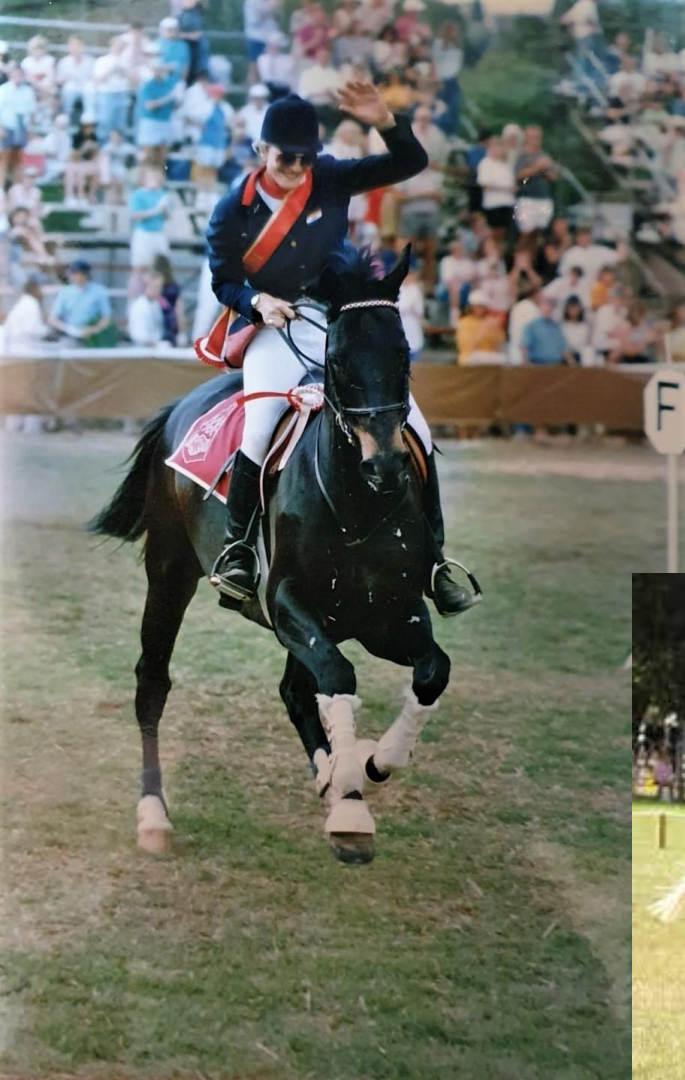
- 10 SA Championships, 6 SA Derby , 2 Outdoor Grand Prix
- Helms Award 1959
- SA Sport Merit Award 1973, 1979, 1980
- Ladies Individual International Championship 1974
- 1992 Barcelona Olympics

Legacy: taught lots of riders with her book and coaching. Very famous showjumper. Legend in equestrian sport

Why she inspires me

- Horse riding legend
- Amazing South African woman horse riding
- Cares for animals





Thank you
for listening :)

