Gerda Steyn



From Quantity Surveyor to Ultra Marathon Runner

By: Amy hoflinger

Where it all started

- She was born on the 3 March 1990.
- Didn't get picked for Cross- country team.
- In 2014 she went for work to Dubai and joined a running club.
- In 2015 First Comrades completed in 8:19:08.
- Breaking her records 5:51:19.

Role, Achievements and Legacy

• Fastest Female Ultra Marathon runner in South Africa.

• She has won 4 Comrades and 6 Oceans in a row.

 Lots of hard work + enjoying what you do = you can achieve anything.

Always smiling when running.

She inspires me because ...

• with hard work and effort you can do anything.

 with a smile on your face it makes everything more fun.



Ultra Marathon Queen